



RedZone League

FORMATIONS PLAYBOOK

The following pages display some RedZone-friendly offensive formations. These aren't the only formations you may run, but can help you get started in designing your plays. It's recommended that you print copies of the formations you want to use, and draw your plays on them. You may also request a copy of the PowerPoint file that these formations are created in to edit the formations yourself.

The simpler formations are listed first, and the formations get more exotic as you move along. It is highly recommended that you do not try to implement all of these formations, only a few that you feel will benefit the experience level and abilities of your team. It's also recommended that you do not use the names of the formations when describing them to your players. It's likely to be too much information and confusing to them. The names of the formations and the definitions of terms at the back are only listed so the coaches may understand and identify their different formation options.

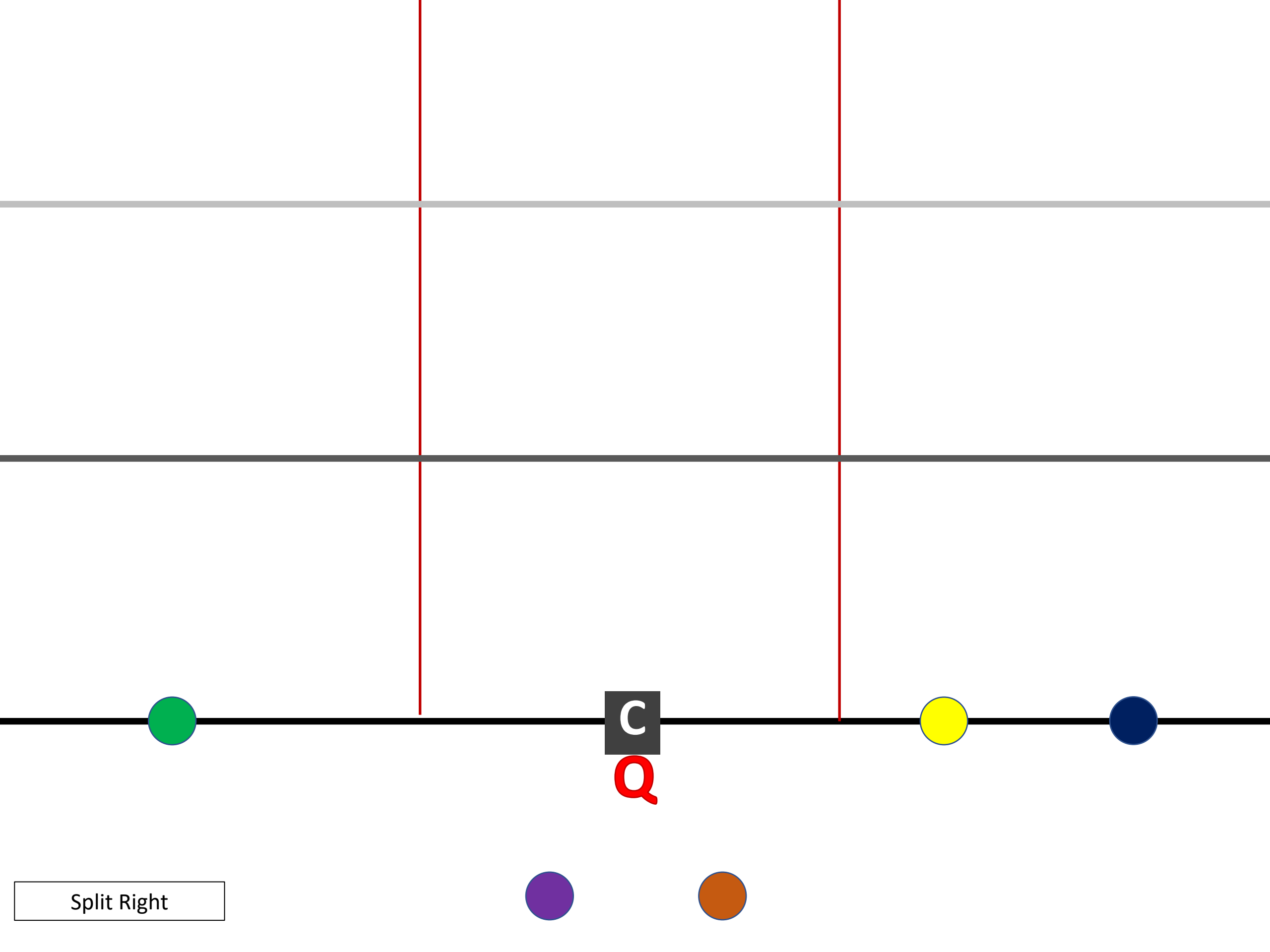
The adjustments to these formations and the plays that you can run out of them are endless. Again, simplicity is key here. The best teams aren't the ones with the thickest playbooks and most exotic plays— they're the ones that run simple football concepts very well. Block for your runners, use misdirection & play-action, spread the field, & throw the ball quickly.

If you'd me to assist in designing some plays for your team, I'm happy to do so. You'll need to contact me to schedule an appointment to do this.

TYLER BLUM | RedZone Director

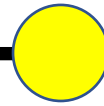
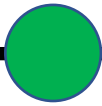
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319-359-2926

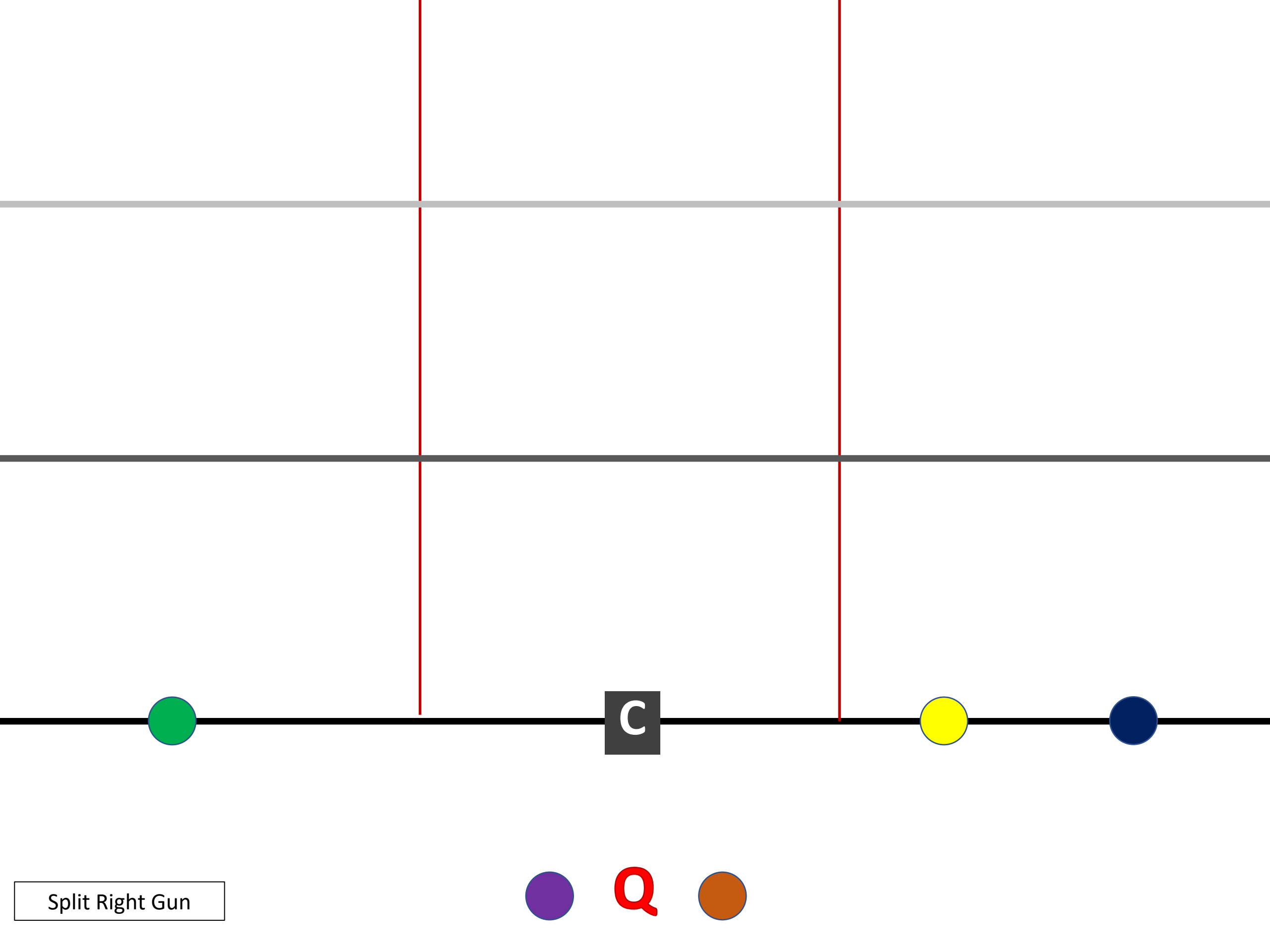


C

Q



Split Right

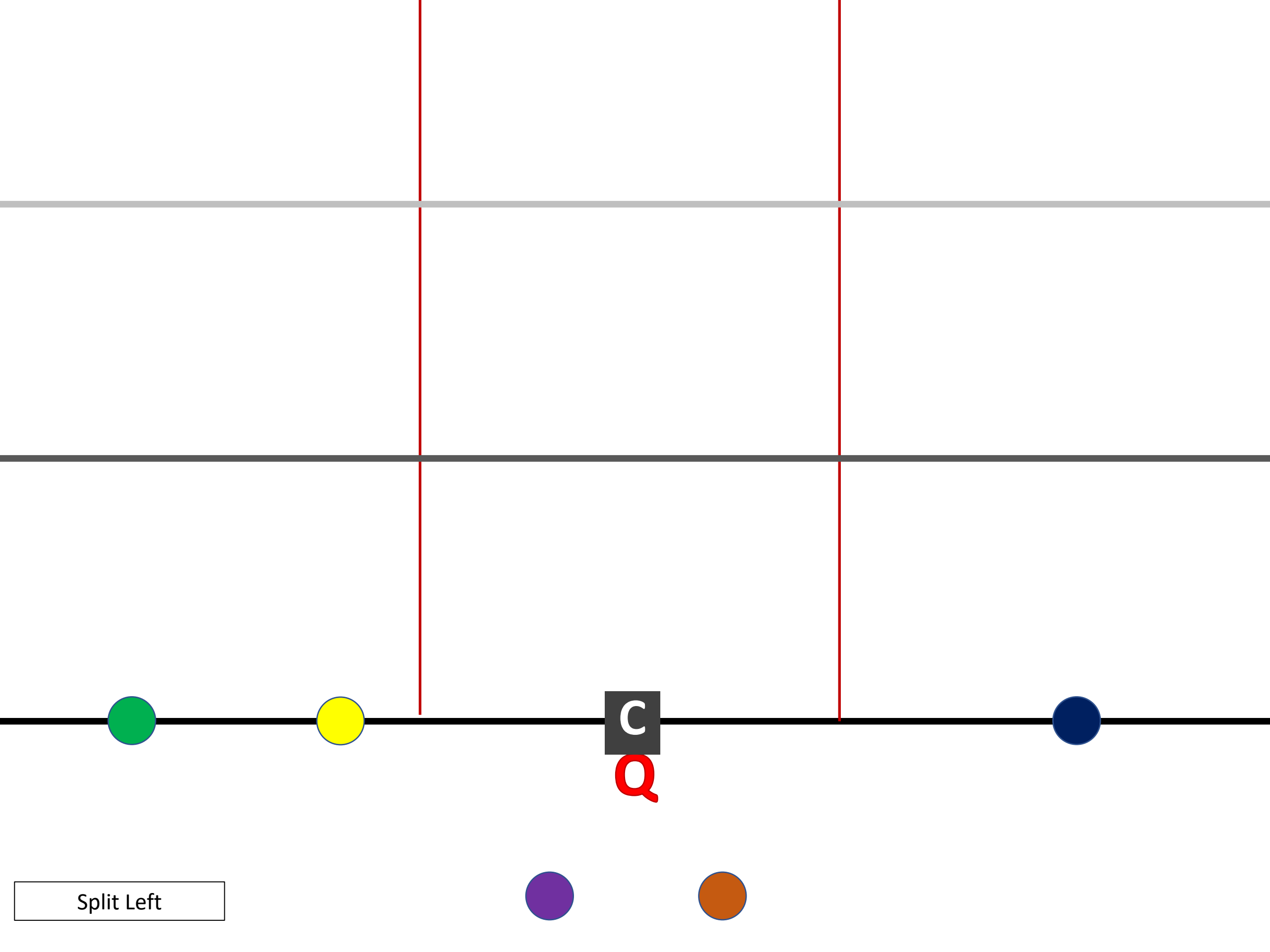


Split Right Gun

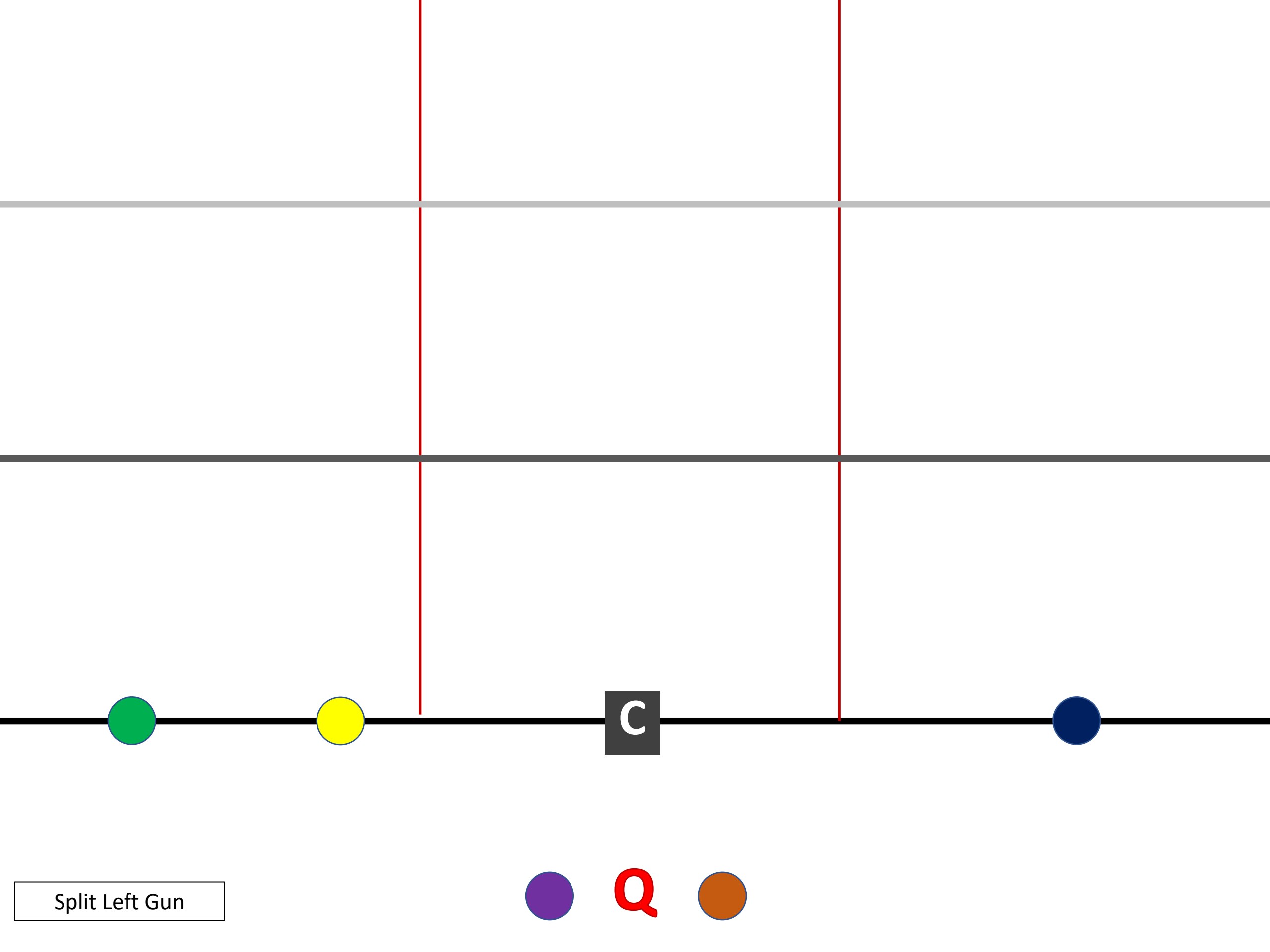


Q



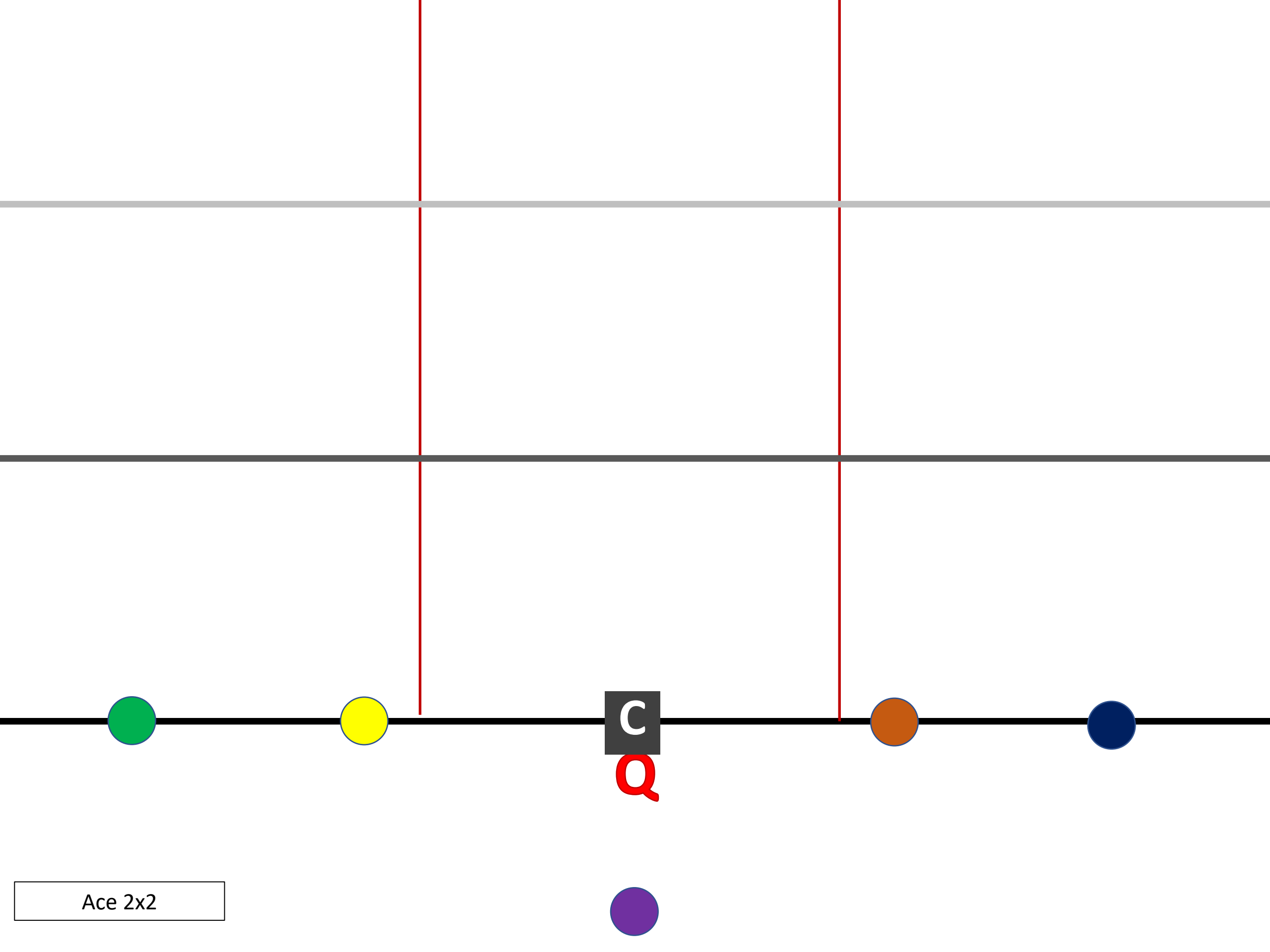


Split Left

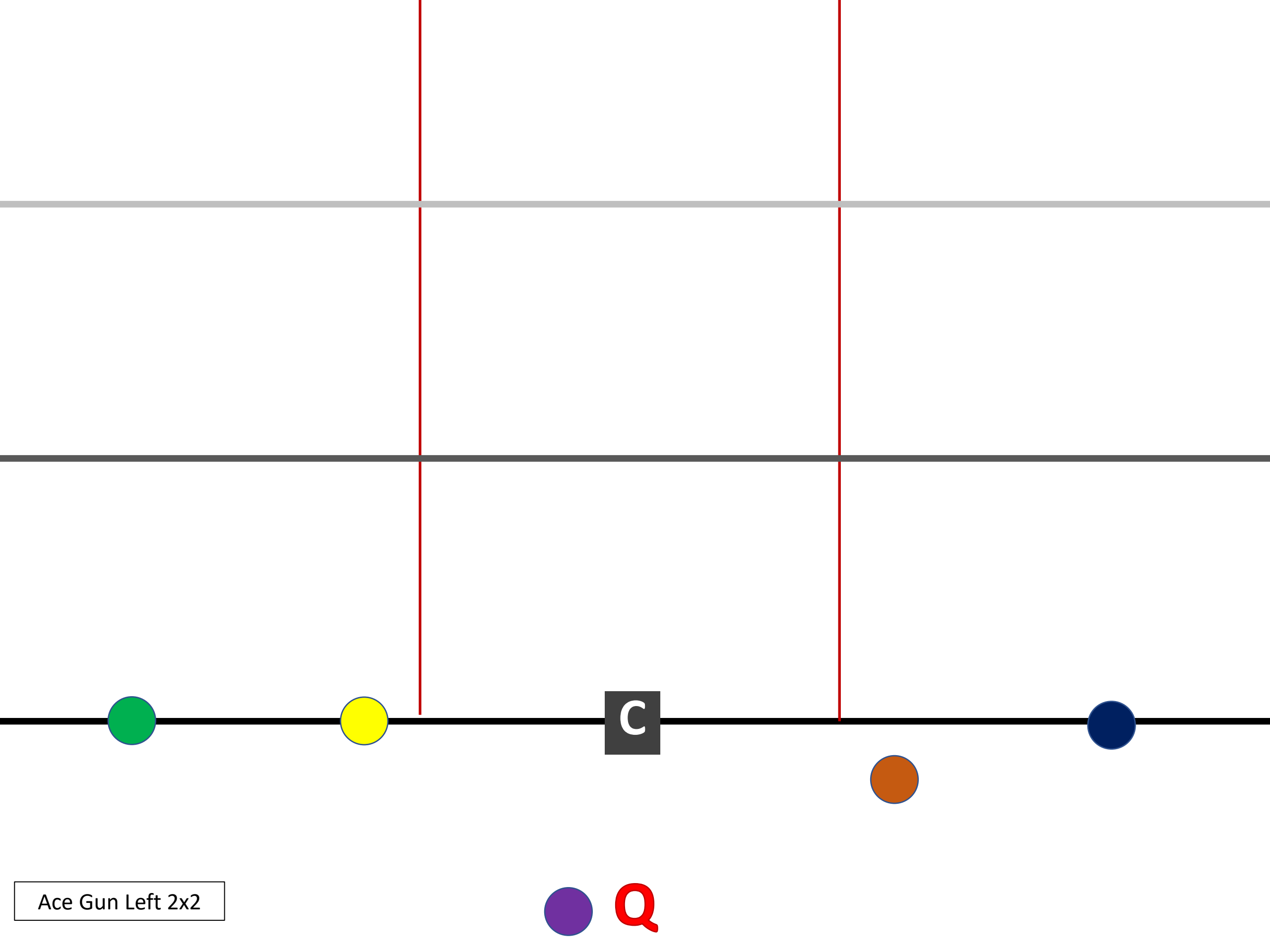


Split Left Gun

● Q ●

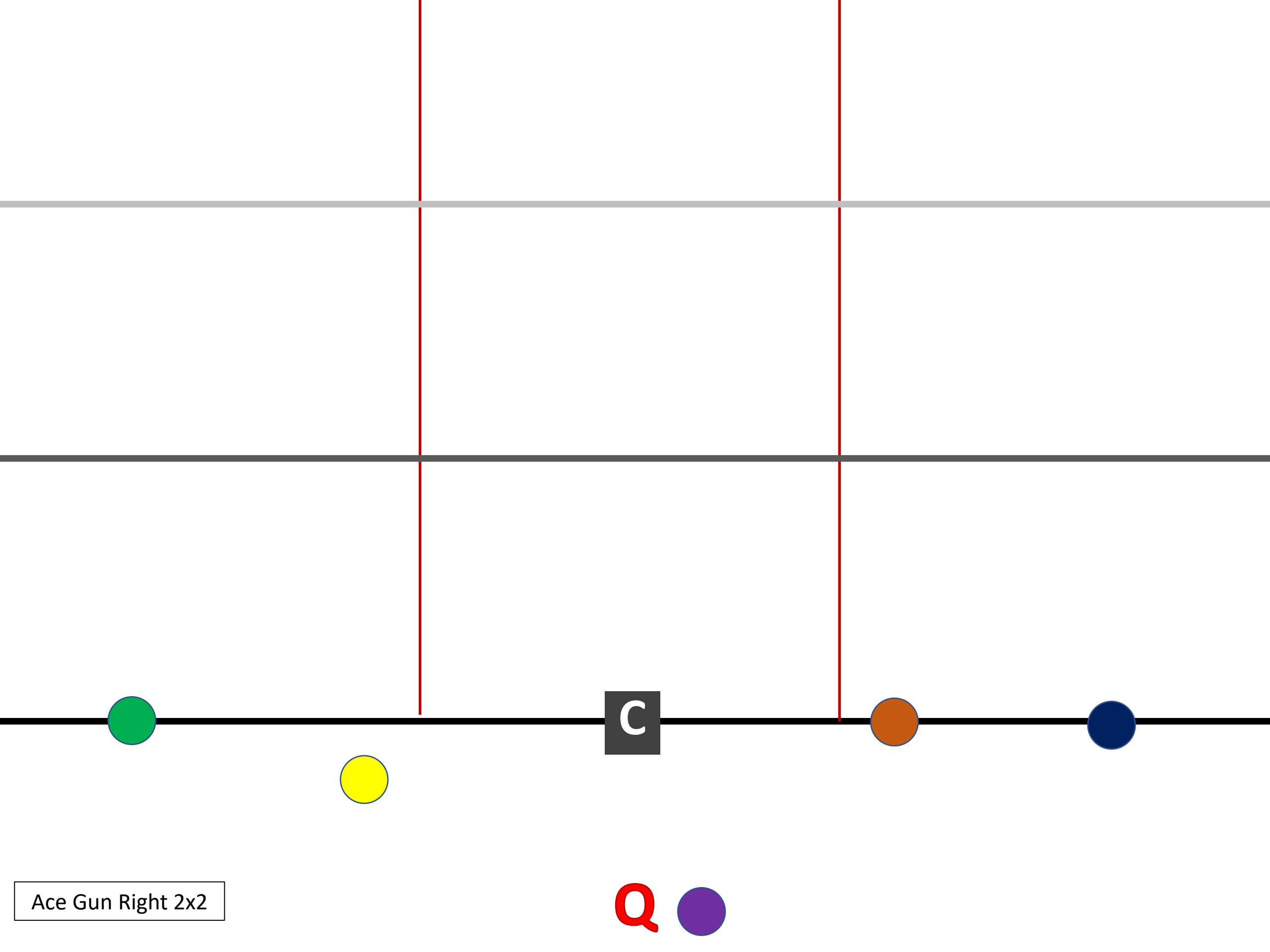


Ace 2x2



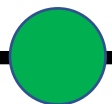
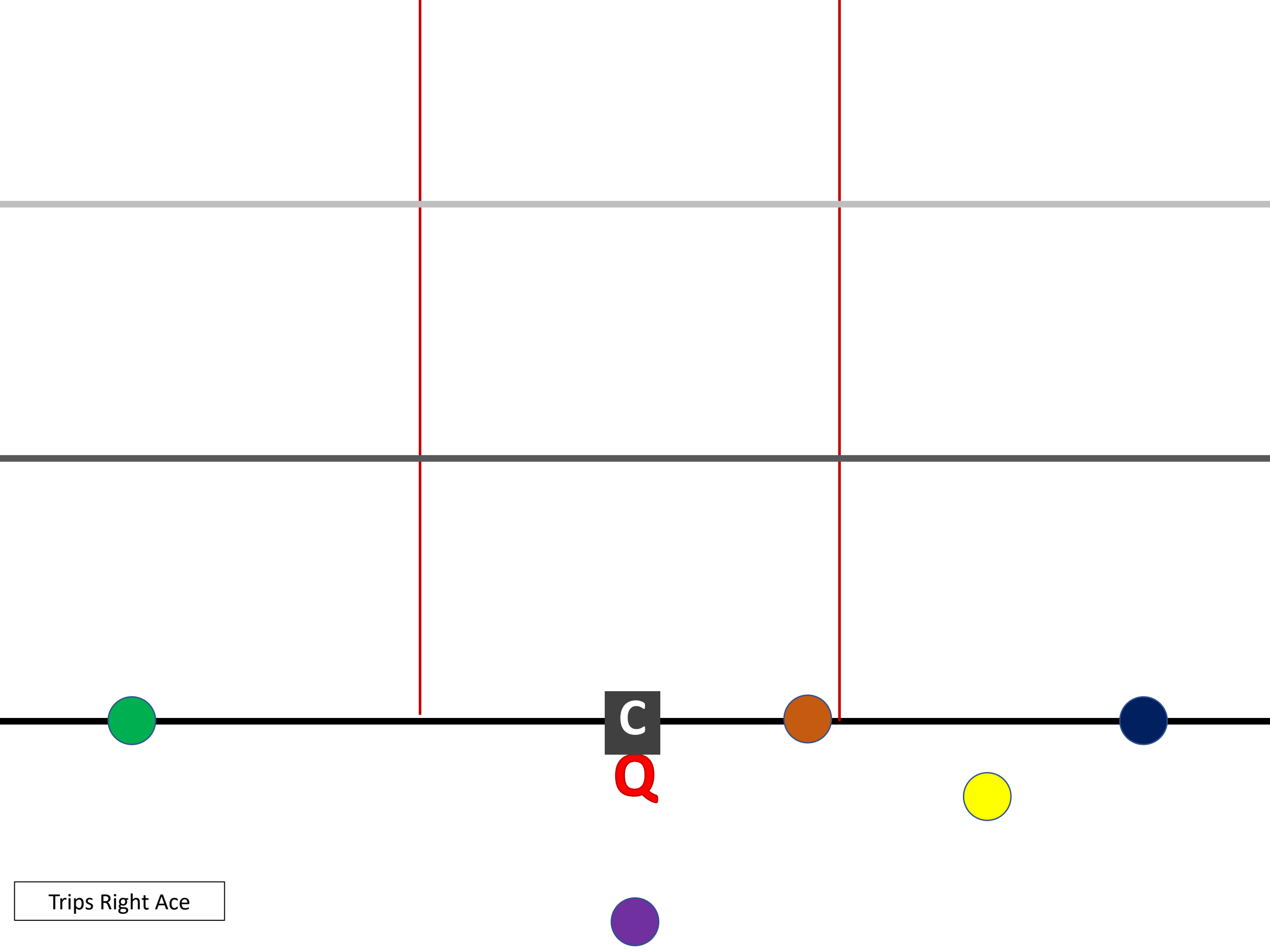
Ace Gun Left 2x2

Q

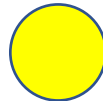
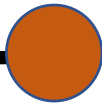


Ace Gun Right 2x2

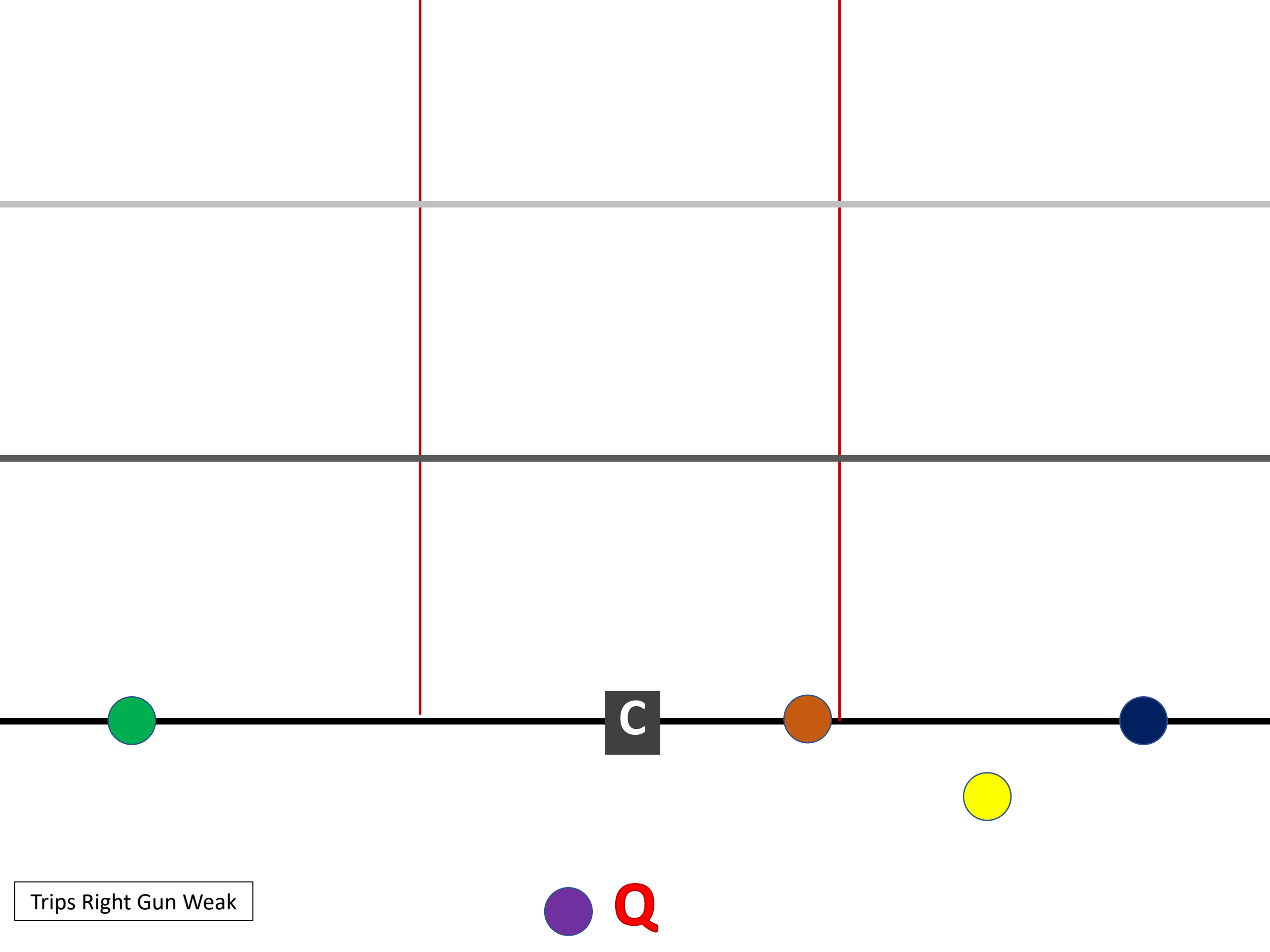
Q



Q



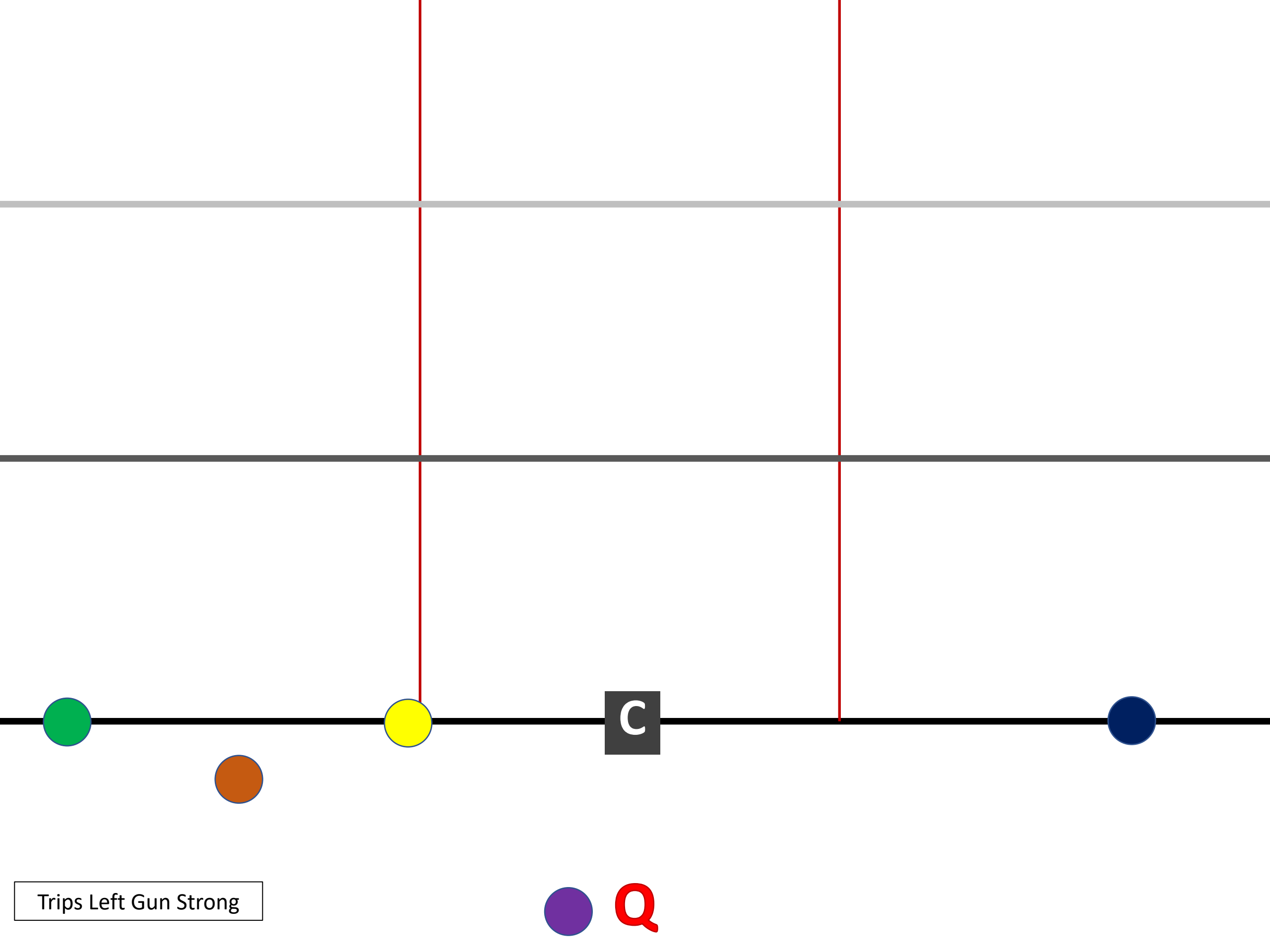
Trips Right Ace



Trips Right Gun Weak

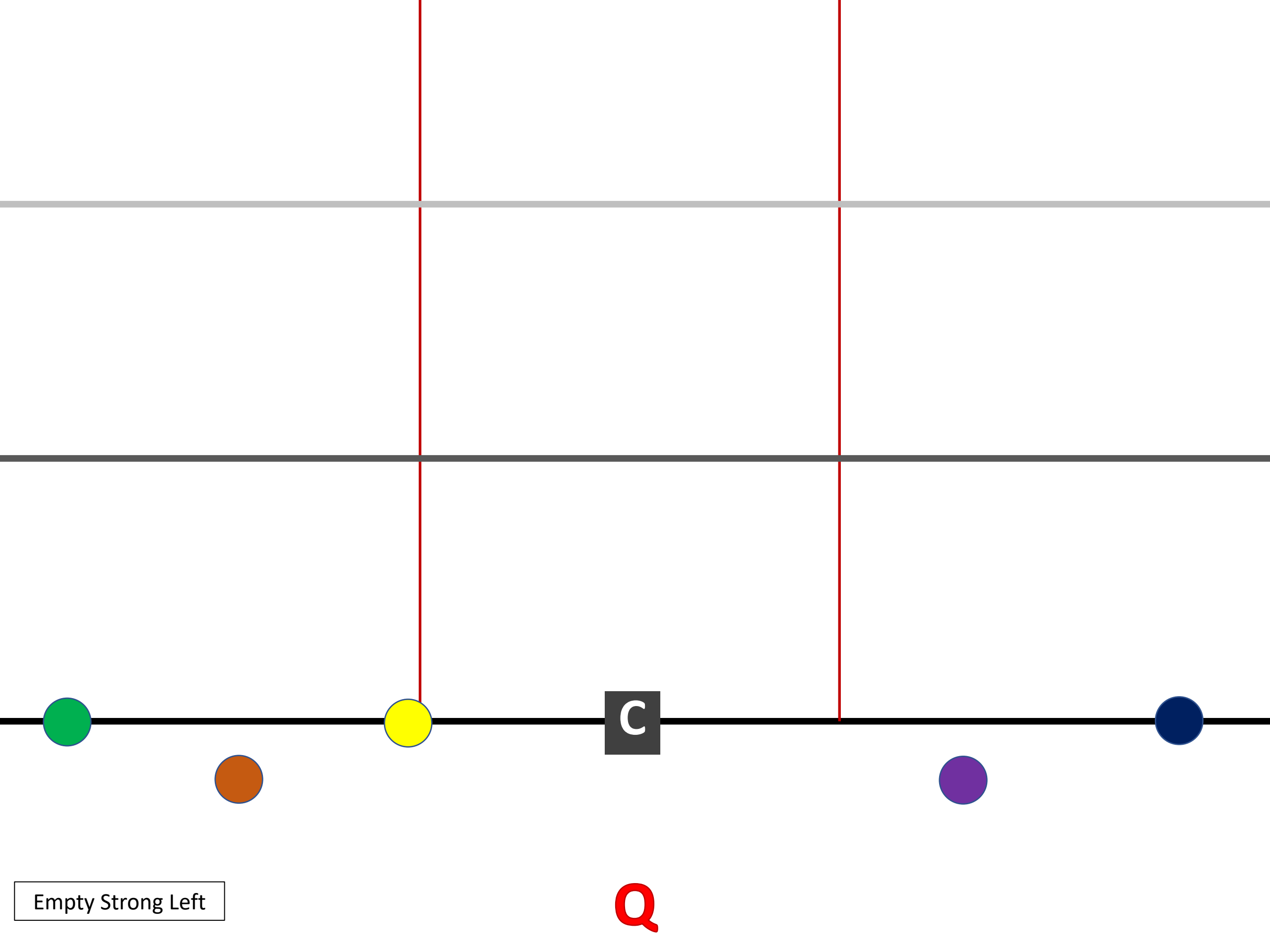
Q

C



Trips Left Gun Strong

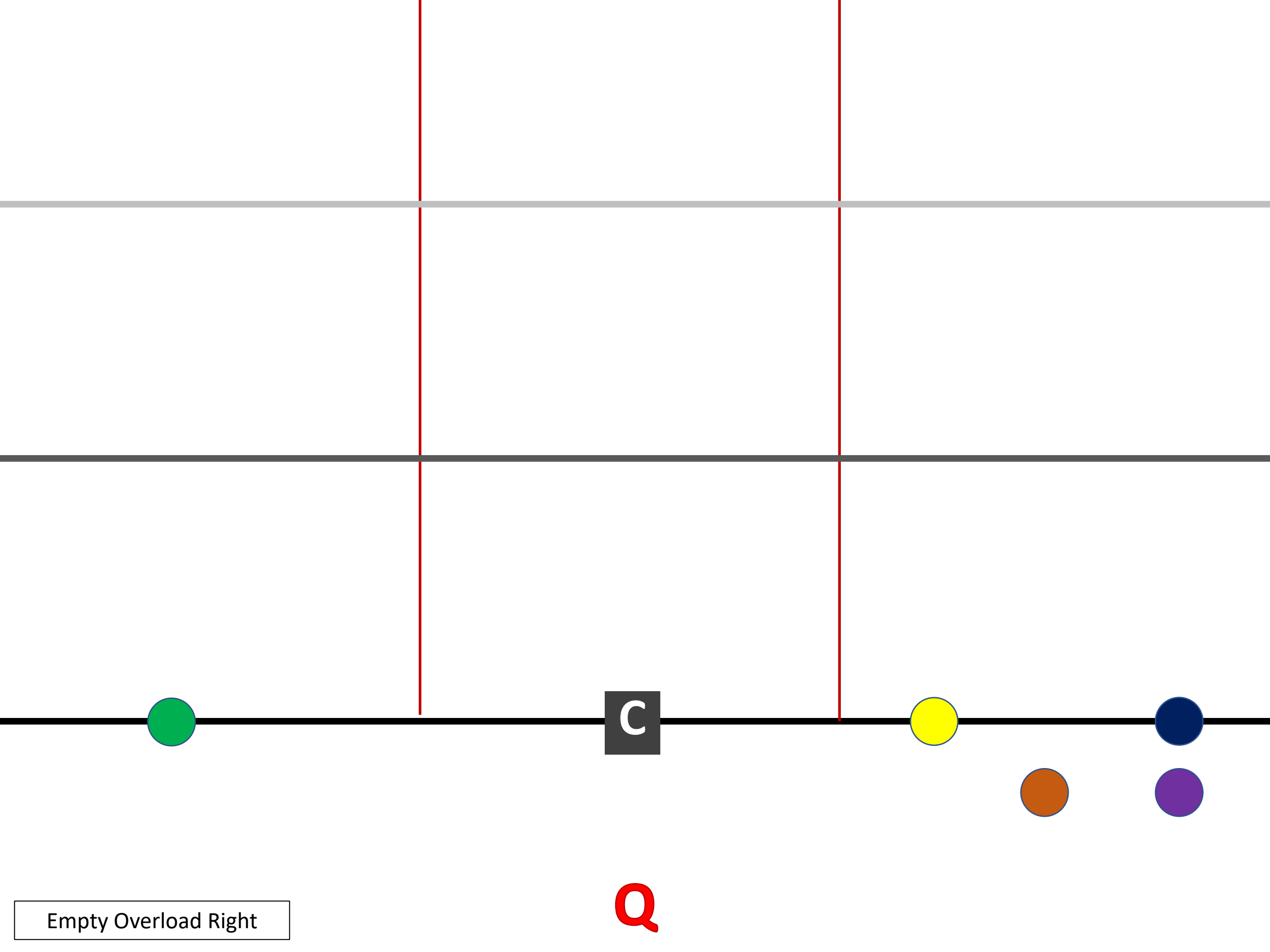
Q



Empty Strong Left

C

Q



Empty Overload Right

Q

Definitions:

Split: There are 2 runningbacks in a split (side-by-side) formation

Gun: The QB is in the shotgun

Ace: Only 1 runningback in the formation

2x2: Two receivers on each side of the formation

Trips: Three receivers on one side of the formation

Weak: In gun, the RB is on the side of the QB where there are less WR

Strong: In gun, the RB is on the side of the QB where there are more WR

Empty: No RB in the formation.